

## Employment skills training with VUES for our MA and PhD students at Queen's

Finding a job is difficult. Where do I look? What am I good at? How do I stand out? The secret is that we can GET BETTER AT KNOWING how to find a job. And this is what the employment skills training with VUES Training has shown some of our MA and PhD students in May and June 2022.

Over six weeks, students learnt 1) where to find job adverts and how to deconstruct them; 2) how to match their skills to job criteria; 3) how to write effective CVs and cover letters; 4) how to put their best foot forward with a video CV; 5) what to expect in video/phone/face-to-face interviews; and 6) how to follow up with an employer after an interview.

The super interactive six-week course was run by Mark McIntyre, an experienced Employment Consultant. Lots of fun was had in discussions and role plays. There is no better way to prepare for an interview than by having a go – and seeing both sides of the equation, the employer and the potential employee. Confidence boosting was also a vital part of the course, and Mark's enthusiasm certainly helped bringing this across!

Some student feedback: "I love the practice part, really helpful, rather than only presenting tips!"

"Mark makes real-life connections to what we will have to do and relates them to each person in the class. Really different and good."

"Excellent! Thank you for the course!"

### 【活动回顾】核心就业能力训练营

为有效提升学生核心就业能力，英国女王大学艺术、英语和语言学学院于2022年5月至6月，为硕士研究生和博士研究生组织了为期6周的核心就业能力训练营。本次活动邀请到了来自VUES Training的资深求职顾问Mark McIntyre，为大家带来了一些求职小技巧 and 精彩的互动活动，全方位

提升同学们的求职能力。





本次训练营课程集中帮助大家解决了以下六大求职问题：1) 去哪里搜寻相关招聘信息？如何解读这些招聘信息？2) 如何根据招聘需求凸显自己的优势？3) 如何写出亮眼的简历和求职信？4) 如何制作视频简历为自己加分？5) 在面试中可能会遇到什么情况？6) 面试之后如何和雇主保

持联络？



本次课程中，除了传统的授课和分享模式，还设有大量的互动环节，让大家通过实践更好地去体验求职过程，给大家带来**沉浸式**的求职体验。比如同学们有机会分别扮演成雇主和求职者，站在不同的角度体验求职面试过程；让同学们直接上手录制视频简历等。



本次活动的另一大目的是增强同学们的信心，让大家日后在找工作过程中可以信心满满。Mark McIntyre一直用热情鼓舞着大家。



本次活动受到了同学们的一致好评。“我很喜欢实战演练的部分。相比较于被动地听那些技巧，我觉得练习过程对我的帮助更大。”“Mark告诉我们现实生活中可能会发生的情况以及我们需要如何去应对。而且这些建议到具体地给到了个人，这让我觉得十分特别，我很喜欢。”“感谢老师教我们如何查找和筛选招聘信息。我觉得这很有用，未来我一定会用到。”

## EMPLOYMENT SKILLS COURSE FEEDBACK



	rate 1-5 1=LOW 5=HIGH	comments
content of the course:	5	How to seek job opportunities
delivery of the course:	5	funny and interesting
interactive content :	5	! Good. Everyone has the opportunity to express their ideas freely.
feedback / any comments:		Thank you for teaching us how to seek job opportunities. It is very effective and I will try to use them in the future. ☺

How to seek job opportunities

Funny and interesting

Good. Everyone has the opportunity to express their ideas freely.

Thank you for teaching us how to seek job opportunities. It is very effective and I will try to use them in the future :)

**GAIN THE SKILLS TO GET THE JOB [WWW.VUES.CO.UK](http://WWW.VUES.CO.UK)**

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<http://maths.gdu.edu.cn/info/1037/4092.htm>